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Where Art Meets Sport



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Meredith

whereartmeetssport.com

info@nwequine.com

OVERVIEW

Are you itching to tap into the artistic side of dressage and your own creativity– or maybe even join the “Dressage is NOT dull and boring” camp– but don’t know how or even where to begin. Here, I share the exact mindset work, strategies and exercises in and out of the saddle that transformed my riding and continue to shape me into the rider I dream of becoming — and can do the same for you. Horse Blogs