

## HorseSource.org Directory Listing

### Tonya Johnston - Mental Skills Coach



#### Connect

Tonya Johnston

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#### OVERVIEW

Tonya Johnston specializes in working with equestrian athletes. Tonya conducts mental skills clinics, consults with individual clients, and works with high school and university equestrian teams throughout the U.S. She has presented at the U.S. Dressage Federation and the U.S. Eventing Association national conventions, as well as the national conference for the Association for Applied Sport Psychology. Instruction|Riding-Training Tools|Aids>Rider|Rider Fitness & Related