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Riding My Way Back



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ridingmywayback.com

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OVERVIEW

Riding My Way Back is a short documentary that chronicles one soldier's journey back from the brink of suicide. In 2010, Staff Sergeant Aaron Heliker returned from multiple deployments to Iraq and Afghanistan with traumatic brain injury (TBI) and Post-Traumatic Stress Disorder (PTSD), in addition to third-degree burns and nerve damage from a roadside bomb. At his most desperate and isolated, on 42 medications and suicidal, Aaron is introduced to the unlikeliest of saviors: a horse named Fred. Through caring for Fred and building mutual trust, Aaron begins the difficult process of reconnecting to the world around him and healing the terrible, invisible wounds of war that had nearly defeated him. HIGH DEFINITION DVD Produced by Purposeful Productions, Inc. Total Running Time: 00:28:31 SPREAD THE WORD! Host a screening of your own. Contact us for information on how you can host a screening and engage your community in a meaningful...