HorseSource.org Directory Listing

Pinnacle Peak Recovery Equine Therapy



Connect
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Location
8070 E Morgan Trail
Scottsdale, Arizona

OVERVIEW

Equine therapy is a fairly new form of treatment in the realm of drug addiction. Horses are beautiful, majestic, and peaceful creatures. Studies have found that working with them can be very therapeutic. Equine therapy involves clients handling horses to help with overcoming the disease of addiction as well as other mental health disorders. Also referred to as Equine-Assisted Therapy (EAT), the method presents great results for anyone suffering from ADD, anxiety, depression as well as trauma.