

HorseSource.org Directory Listing

Equestrian Tai Chi



Connect

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OVERVIEW

Online Equestrian Tai Chi Training for Equestrians, Riding Instructors and Therapeutic Riding Instructors. Equestrian Tai Chi To Build Confidence Riding. She started practicing Tai Chi on her own ponies and noticed how much they enjoyed it and how it seemed to calm some of the more nervous ponies. Realizing the benefits of practicing Equestrian Tai Chi, to both herself and her ponies, and to her connection with them, she developed a programme for teaching people Equestrian Tai Chi. Clinicians