

HorseSource.org Directory Listing

Empowering Strides



Connect

Laura Gorcester

EmpoweringStrides.com

laura@empoweringstrides.c...

[425.785.8355](tel:425.785.8355)

OVERVIEW

Empowering Strides provides therapeutic horsemanship to children who face behavioral, emotional and/or cognitive challenges. Through the use of horses we can offer youth a different perspective. Horses often mirror the emotions of their handler which allows the horse to teach a child far easier than an authoritative figure. Horses gently encourage a new awareness and connection in people that grows a person's self-awareness and leadership abilities. [Equine Therapy Programs>Therapeutic Riding|Volunteer Opportunities|Equine Therapy Programs>Youth](#)