

HorseSource.org Directory Listing

Cowgirl Capable, LLC

Hearts, Horses & Handguns: Building Confidence Together



Connect

Heather Gastelum

CowgirlCapable.com

CowgirlCapable@gmail.com

[206-696-3366](tel:206-696-3366)

OVERVIEW

Cowgirl Capable | Empowerment Through Horses, Heritage & Grit Cowgirl Capable is more than an event—it's a movement. Founded by a lifelong horsewoman, former barrel racer/competitive mounted shooter, with a 30 year corporate career, Cowgirl Capable blends the power of equine connection with real-world confidence-building experiences. We host transformative retreats and clinics designed to help women and girls reconnect with their strength through horseback riding, firearms introduction and instruction, travel safety, outdoor adventure, and situational awareness Refuse To Be A Victim training. From mother-daughter weekends to custom empowerment events, our programs are rooted in tradition, resilience, and the unshakable belief that every woman has the right to feel capable, confident, and courageous. Ridding Retreats are located on a stunning 500-acre Whistlin' Pine Ranch in Pateros, Washington, Cowgirl Capable offers:

- Guided horseback riding & horsemanship
- Firearms introduction and instruction from an all female team of instructors
- Empowerment

workshops• Glamping accommodations•...