

HorseSource.org Directory Listing

Centaur Development Wellness Ranch



Connect

centaurdevelopment.com

Stacy@CentaurDevelopment.com

[206-948-4026](tel:206-948-4026)

Location

[Snohomish, Washington](#)

OVERVIEW

EQUINE GUIDED COACHING
Why Use Horses
Horses let us know how we are presenting ourselves in terms of emotions, energy fields and body movements. With horses, you can experience more consciously nonverbal communication. They invite you to clarify your vision and show you how to create results in your life.
Their communication system is made up almost entirely of a silent language of gestures. Through your interactions, you are able to assess your strengths and weaknesses. How you relate to the horse can act as your guide in growth, learning and self development.
Horses show us when we are authentically being ourselves. Working with horses enables people to quickly discover insight and take immediate action in creating a desired change. They look for mutual respect and leadership abilities.
They offer us a unique opportunity to see ourselves as reflections we give off in our own emotions, they show us ourselves in the moment. The horse...